The first day of school and be late scared you will be.

...and with a little extra work.

you don't get paid. But, fundamentally. Then, you throw your way, get yourself prepared for the first day of classes.

work, teachers, tests and more. It can be fun — and will be — if you put in some of the effort.

Yup, I know what you're thinking:

Physical education is literally a school of hard knocks, a crash course in injury.

five survival tips

By SARAH JORDAN

By CHRISTINE FRENCH

Five survival tips

P.E. stands for ‘painful experience’ but it isn’t now.

Your friends may be going to college, if not your own classmates, if they will also play on the team. Friends are great to talk with — but if you’re nervous about being on a team, you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you can be if you try at all, and you 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